

What la Befana Means to Me

Hi my name is Alex, I am a 12 year old boy living in Ottawa. Every year, I celebrate la Befana with my grandparents and cousins. To me, la Befana means gathering with family and celebrating my Italian heritage. It is a celebration that includes the people I love and the food I love. Our celebration includes a dinner and then a family member dresses up as la Befana and gives out small gifts as well as nuts and fruit. During the party, we also play games like BINGO and Italian card games like Scopa. Celebrating la Befana is a wonderful tradition that I look forward to every year. The best part is being with my Nonno Joe, Nanna Lulu and my cugini. We laugh, sing, and have fun together.

